

# Parent Workshops 2016-2017

Please join us for these special events.

## SCHOOL SUCCESS

Start the year strong and help your student be successful this year by attending our first workshop on school success.  
Sept. 19th - 7:45am and 1:30pm



## BULLY PREVENTION

Learn tips on how to help students prevent bullying, become upstanders, and what to do if they are bullied.  
Oct. 25th - 1:30pm



## MAKING FRIENDS IS AN ART

Learn more about how you can help your student make friends and solve peer conflicts on their own.  
Dec. 6th- 7:45am

## GROWLS AND SNARLS

Learn tips on helping reduce and manage anger and stress.  
Feb. 6th -1:30pm



## TEST TAKING TIPS AND TRICKS

Tests can be very overwhelming and stressful for students. Leave with ideas on how students can cope before, during, or after tests.  
Apr. 4- 7:45am

**Parent Workshops will take place in the Marigold/PAC room, but is subject to change. While it is not mandatory, RSVPing to each workshop helps ensure we have enough resources and handouts. Please RSVP if possible to [laura.fitness@knoxschools.org](mailto:laura.fitness@knoxschools.org)**